

2016 International CoDA Convention At-A-Glance

30TH ANNIVERSARY Carefree, Arizona

THURSDAY	Oct 20	Facilitator	Room
6:00 – 9:00 pm	Fun Night Trip to Enchanted Pumpkin Forest		Lobby
FRIDAY	Oct 21	Facilitator	Room
7:00-9:00 am	Arizona CoDA offering snacks and drinks	Hospitality	Room 3028
7:00-8:30 am	Spanish CoDA Meeting		Saguaro 5
7:00-8:30 am	CoDA Meeting		Saguaro 4
9:00-12:30 pm	CoDA business meeting, CoDA Service Conference wrap up		Saguaro 1
9:00-10:30 am	Came to Believe: From Scarcity to Abundance	Margaret H.	Saguaro 2
9:00-10:30 am	A Focus on Relationships	John R.	Saguaro 3
9:00-10:30 am	Step Two Exercise/Finding a New Higher Power That Works	Barbara L.	Saguaro 4
10:30-10:45 am	BREAK		
10:45 am-12:15 pm	From Here to There - Reclaiming yourself in relationships	Kathleen C.	Saguaro 2
10:45 am-12:15 pm	Born Again in CoDA Under the Phoenix Sun	Nate F.	Saguaro 3
10:45 am-12:15 pm	Loss, Grief and 12 Steps Out	Kiley D.	Saguaro 4
12:20-1:50 pm	SEATED LUNCH-ticket required	Mesquite South	
12:20-1:50 pm	Arizona CoDA offering snacks and drinks	.Hospitality	Room 3028
2:00-3:30 pm	How to Have Intimate Healthy Relationships that Last a Lifetime	Scott J.	Saguaro 2
2:00-3:30 pm	Tears of Recovery: From Fear to Joy	Joe H.	Saguaro 3
2:00-3:30 pm	Giving Up Resentments Using Forgiveness	Charles Z.	Saguaro 4
3:35 – 3:50 pm	BREAK		
3:55 – 5:25 pm	How to Sponsor Using the Blue Book of CoDA	Michelle E.	Saguaro 2
3:45 – 5:25 pm	Stepping Out	Lloyd A.	Saguaro 3
3:45 – 5:25 pm	What's in Your Toolbox?	Barb R.	Saguaro 4
5:30-7:30 pm	DINNER ON YOUR OWN		
5:30-7:15 pm	Arizona CoDA offering snacks and drinks	.Hospitality	Room 3028
6:00-7:00 pm	Spanish CoDA Meeting		Saguaro 5
6:00-7:00 pm	CoDA Meeting		Saguaro 4
7:30-9:30 pm	SPEAKER MEETING: Donald B. FREE NO REGISTRATION REQUIRED		Saguaro 1,2,3
9:30-12:00 am	CoDA Birthday Celebration Dessert & Dancing – ticket required	Red Horse Saloon	
9:00-11:00 pm	Arizona CoDA offering snacks and drinks	Hospitality	Room 3028
9:45-11:00 pm	CoDA Meeting		Saguaro 4

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SATURDAY	Oct 22		
7:00-9:00 am	Arizona CoDA offering snacks and drinks	Hospitality	Room 3028
7:00-8:30 am	Spanish CoDA Meeting		Saguaro 5
7:00-8:30 am	CoDA Meeting		Saguaro 4
9:00-10:30 am	The Three R's Recovery from writing, Roadblocks	Alyse J/ JW	Saguaro 2
9:00-10:30 am	It's never about the "Thing"	Karen D.	Saguaro 3
9:00-10:30 am	Fun & Games Under the Sun	Sara J.	Saguaro 4
9:00-10:30 am	Spanish Outreach		Saguaro 5
10:30-10:45 am	BREAK		
10:45-12:15 pm	Emotional Sobriety and Giving Up the Ghosts	Jim Y.	Saguaro 2
10:45-12:15 pm	Toxic Shame: What is it?...How do we heal it?	Ken R.	Saguaro 3
10:45-12:15 pm	Exploring Your Authentic Self	Paul N.	Saguaro 4
10:45-12:15 pm	Spanish Outreach		Saguaro 5
12:20-1:20 pm	SEATED LUNCH-ticket required	Mesquite South	
12:30-1:50 pm	Arizona CoDA offering snacks and drinks	Hospitality	Room 3028
2:00-3:30 pm	Transforming Knowledge Into Action: The Process of Working Our 6 th & 7 th Steps	Mary R.	Saguaro 2
2:00-3:30 pm	Fix Your Picker	Adam M.	Saguaro 3
2:00-3:30 pm	Writing our recovery stories, workshop, What's stopping me from writing my story	Alyse J/ JW	Saguaro 4
2:00-3:30 pm	Spanish Outreach		Saguaro 5
3:35 – 3:50 pm	BREAK		
3:45 – 5:15 pm	Shame; the mother of codependency	Jeff L.	Saguaro 2
3:45 – 5:15 pm	The Gifts of Co-Dependency	Louise G.	Saguaro 3
3:45 – 5:15 pm	Dealing with my Swinging Feelings	Donald B.	Saguaro 4
3:45 – 5:15 pm	Spanish Outreach		Saguaro 5
6:00 -7:00 pm	Arizona CoDA offering snacks and drinks	.Hospitality	Room 3028
6:00-7:00 pm	Spanish CoDA Meeting		Saguaro 5
6:00-7:00 pm	CoDA Meeting		Saguaro 4
7:30 – 8:30 pm	BANQUET-ticket required		Saguaro 1,2,3
8:45-10:15 pm	SPEAKER MEETING: Ken & Mary R. FREE NO REGISTRATION REQUIRED		Saguaro 1,2,3
10:00-11:00 pm	CoDA Meeting		Saguaro 5
10:00–11:00 pm	Arizona CoDA offering snacks and drinks	Hospitality	Room 3028
SUNDAY	Oct 23		
8:00-9:30 am	Arizona CoDA offering snacks and drinks	Hospitality	Room 3028
8:00-9:30 am	Spanish CoDA Meeting		Saguaro 5
8:00-9:30 am	CoDA Meeting		Saguaro 4
9:00 – 10:00 am	Breakfast-ticket required		Saguaro 1,2,3
10:30 – 11:30 am	SPEAKER MEETING: Evie S. Free No Registration Required.		Saguaro 1,2,3
12:00 pm	CLOSING PRAYER		