

2017 International Coda Covention Agenda

Thursday 10/12

4-8pm	Registration-	Plaza 5
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Friday 10/13

700-730	Meditation/yoga	Atrium 4	
	WKSP-1	WKSP-2	WKSP-3
9a	Karen D Fact or Crap	Maru R- Patterns, Promises, & Coda Prayers: A Playful Way to Make Conscious Contact	Roxanne S Cultivating Gratitude
1030a	Atrium 4	Plaza 1	Plaza 2
1030a 1045a	Break		
1045p	Richard N & Maru R Sponsorship in Coda	Suzanne W Connecting to emotions Through Our Body	Ralph W Healthy & Loving Relationships: What Are They?
1215p	Atrium 4	Plaza 1	Plaza 2
1215p	Lunch		
2p			
2p	Julie K, Roxanne O, Maureen R A Coda 4th Step Workshop	Beth G NIA- Now I Am: A Movement Experience for Healthy Mind, Body, Spirit	Scott J How to Have Healthy Relationships That Last A Lifetime
330p	Atrium 4	Plaza 1	Plaza 2
330p 345p	Break		
345p	Richard I Coda Tool Kit for Healty Relationships	John R Working With Our Fear	Julie B Have You Gotten Your Daily Dose Of Vitamin C (Coda)?
515p	Atrium 4	Plaza 1	Plaza 2
515p	Break		
6p	Buffet for purchase		
7p			
730p	Speaker- Jim Y Healing from Family of Origin		
830p	Plaza 5 & 6		

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Saturday 10/14

700-730 **Meditation/yoga** **Atrium 4**

	WKSP-1	WKSP-2	WKSP-3
9a	Barbara L Boundaries by Tradition	Theresa K Tools to Maintain Recovery Balance	Charlie B, Greg, Maureen From Surviving to Thriving: Welcoming Our Spiritual Awakening
1030a	Atrium 4	Plaza 5	Plaza 6
1030a 1045a	Break		
1045p	Lisa B- The Art of Listening	Rachel S Wash, Rinse, Repeat: World Café on Thriving in Recovery Through Continued 10 Step Personal Inventory	Margaret H Came to Believe: Steps to Abundance & Freedom
1215p	Atrium 4	Plaza 5	Plaza 6
1215p 130p	Lunch		
130p	Charles Z Who is God As We Understand God?	Jim Y Boundaries Friend or Foe?	Frances J Loving Yourself Through Step 1
3p	Atrium 4	Plaza 5	Plaza 6
3p	Break		
315p	Events Committee Tea		
415p	Room 117-118		
430p	Speaker- Lisa B Reflecting As A Means Of Moving Forward		
530p	Free Night		

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Sunday 10/15

700-730 Meditation/yoga

Atrium 4

8a Brunch For Purchase

10a Plaza 1

10-1030 a Break

1030 **Speaker-** Julie K

Finding My Way

1130 **Plaza 5&6**

12p Closing Prayer

