

CoDA H&I Committee meeting

Minutes for Sunday, April 20, 2014

Attended by: Kathy L, Chair; Linda A, Lou L, Mary I, and Barbara D, Board Liaison

Opening prayer. CoDA prayer found in the booklet "Making Choices":

Check-in. Answer the question: How are you spiritually today?

Added two items to the agenda. And Lou agreed to be note taker.

Review minutes of meeting on March 16, 2014. Approved as corrected. 3 minor changes.

Activity report(s) (since last meeting):

Kathy 77 letters received (by snail mail and email) and all were answered. Lou reported progress of inmate sponsorship program: rec'd 7 emails w/ questions, responded to 5. Sent 2 email blasts with about 8 requests for applications for sponsors. Sent 35 sponsee applications to inmates who has expressed interest over the past 30 months and another 5 to inmates requesting a sponsee in the last month. Mary reported books for inmates ordered: 2 POs so far this month. 33 CoDA Bks, 20 wkbks, 1sp wkbk, 1 standard packet, & 2 special orders, 1. ITM & bookmarks, 2. part of a library – booklets & pamphlets

Scanning and emailing sponsees' letters to sponsors. FSW has new scanner and can email to sponsors if they would like. We will offer this to sponsors.

Discussed the possibility for FSW emailing book requests to inputters. Discussed anonymity, email and stuff on the cloud. Barbara suggested and we decided to see if FSW could add to the spread sheet within her authorized 30 hours/month. 80 % of letters are probably very straight forward. She could then send the scanned letters of the non-standard responses to Mary and Kathy.

New business:

Order New CoDA Books. Decided to order 150 CoDA bks and 100 workbks @\$5.60=\$1,400 total.

Sponsorship application approval – Mary, Lou & Kathy will meet after this phone call.

How should we handle requests for Meeting Starter Packets, & FSM? It is a lot of work for CoRe because they do not have copies on hand because it changes so often. There have not been many requests for them. We decided that we will continue to order through CoRe.

Mary needs to let Lou know when orders get cancelled.

2015 budget (2013 expense statement attached) worked on some and Kathy will propose what is needed for the final by next month. See attached.

2014-2015 H&I goals (2013-2014 goals attached) briefly discussed that we have done well with our top priorities and will work on them more for next meeting.

Discussion of Spanish documents. Recovery From Codependents: A Brief Introduction. Lou was encouraged to continue to finish the project he started. The Spanish CoDA Book has been "very close to getting it done." for the last 5 years.

Next meeting will be May 18, 2015.

Reconfirmed that we will submit our motion.

Close with the Serenity Prayer

The Inmate Sponsorship Committee met and made the following decisions:

Approved 1 male and 2 female sponsors

Approved 1 female sponsee and paired her up a perspective sponsor.