



A periodic newsletter of  
the H&I Committee of CoDA

*In an effort to stay connected and support the fellowship, CoDA's Hospitals and Institutions Committee is using this periodic newsletter to communicate what it is working on and to share ways you can help the co-dependent who still suffers within institutions.*

What H&I has done:

Since July, 2012, H&I has handled 131 letters from inmates from 30 different institutions, 9 email inquiries from individuals and institutions, and responded to them all. We have sent 73 Co-Dependents Anonymous books,

44 12 Steps and 12 Traditions Workbooks, and filled 42 requests for other CoDA literature.

We have updated the Books for Inmates and Institutions (BFII) Program and updated that part of the CoDA website. Anyone desiring to donate money to be used to purchase Co-Dependents Anonymous books (full version) to be sent to inmates requesting them may do so using the following link: [http://www.coda.org/service/Hi\\_Donation%20and%20process.pdf](http://www.coda.org/service/Hi_Donation%20and%20process.pdf) . CoDA matches dollar for dollar each donation (which is considered a Seventh Tradition donation) to this program. The donor can also designate an institution to receive the books.

Did you know:

Inmates are appreciative of our Books for Inmates and Institution Program? Here are excerpts from a couple of letters from inmates:

"Please let others know how very much their prayers for those still suffering and their financial donations for your work is so greatly appreciated." woman-CA

"...what a blessing it was to know that there was hope and healing for me. I was struggling just recently for several months and when I read your material, I found relief. I could finally understand exactly what my problem was and has always been. Thank you again for everything!" man-CA

Opportunities for service:

The CoDA Hospitals and Institutions Committee is looking for individuals who would be willing to help develop a sponsoring program for inmates (setting up the guidelines for doing such service). If you think you might be interested, please contact us at [hosp@coda.org](mailto:hosp@coda.org).