



CoDA Quarterly Service Report

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2nd Quarter 2005

www.coda.org

CoDA Board Report

The Board of Trustees is planning a summer face to face meeting to work on issues arising from merger of CoDA, Inc. and World Services, in preparation for August Service Conference. The meeting will take place in Houston, the weekend of June 24-26, 2005.

Our Fellowship Service Contract Worker, Glenn, has left us to return to school. The Board really appreciates the fine work he did for us and for CoDA, Inc. A committee has been appointed to seek a replacement. The Board has discussed the position as part of larger service work arena and basically feels that Fellowship Service Worker position should be free of potential conflicts of interest with other service positions. We feel that anyone taking the Fellowship Services position should resign other CoDA service positions. Our time frame includes announcing the new contract worker at the Board face-to-face meeting.

The Board continues to work on a policy to implement the plan to loan new groups up to \$250 for CoDA literature. This is part of revolving fund of \$1,000 that will be replenished as groups repay the loaned funds. The Board means for this fund to be a hand up and not in conflict with tradition that each group should be "fully self supporting". A related issue growing out of merger is how to make literature more accessible to groups around the world. Several have asked us if they could copy literature because of tax and shipping issues. We feel this is not appropriate, but hope the Technology Task Force will come up with electronic way that helps solve the dilemma. Progress has been made with a license agreement with CDRS (Canada) to publish CoDA, Inc. literature, and we are working on an agreement with Germany that has a translation of the CoDA Book. WS had granted Germany a license to print the translation and CoDA, Inc. Board of Trustees has rescinded the previous license.

Another issue of concern growing out of the merger is what happened to 7th Tradition and royalty monies paid to World Service. We have not been able to get an accounting of those funds. We have had communication with several world groups regarding 7th Tradition funds. Many areas are contributing.

Regarding the audit of CoRe that Service Conference instructed the Board to do, we have asked for guidance from Finance Committee on options for an audit. The Committee responded that audit should seek to discover CoDA, Inc., is getting royalties to which it is entitled. We hope to make a final decision at our June face-to-face meeting.

As regards the Service Conference, we want to repeat our earlier action to fund up to \$500 for the first four non-North American delegates. The offer is being made so that the Service Conference will become representative of CoDA as a worldwide Fellowship. Inquires can be made to the Board but we have asked the Conference Committee to handle this: conf@coda.org

Volunteers—Reaching Codependents who still suffer is mainly the work of volunteers, and the Fellowship has continuing need for more help. Service work is a great way of asking your HP to step in and put oneself face-to-face with your own issues. If you're thinking you can or can't find the time or the energy or the skills to volunteer for service work, that's enough of a sign to step in and take the plunge.

We also want to thank the many dedicated committee members who give of themselves to do the business of our Fellowship.

For the Board of Trustees
David L.

CoDA Service Conference Committee

August 17th through 20th in Nashua New Hampshire, USA
Spirituality Day is August 16th

Conference registration forms and information are available on coda.org website
http://www.coda.org/events/2005_Conference_info.htm

Reserve Early!

Conference is at the Crowne Plaza Hotel
\$95 room rate, **mention COD as our group code**
1 800 962 7482
OR
1 603 886 1200 (direct to hotel)

CoDA Literature Committee

New literature, *Tools for Recovery*, was approved at the 2004 CoDA Service Conference in Albany and is now available for ordering from CoRe.

The *In This Moment* meditation book remains a major focus of the Literature Committee. The ITM project committee will be meeting in May to complete editing of the submitted meditations.

This project has been in process for many years and we're thrilled that it is finally nearing completion. We hope to have this project completed in time to seek approval at the 2005 CoDA Service Conference in August.

The Literature Committee is seeking the experience, strength, and hope of CoDA members on the topic of love, sex, and relationship addiction as it relates to the core

problem of codependency. E,S,H submissions will be used to develop CoDA literature on this subject. Please complete an Assignment of Copyright form along with your submission and mail to: CoDA Literature Committee, P.O. Box 33577, Phoenix, AZ 85067-3577. You may also email your E,S,H to lit@codas.org, but in order for the committee to use your submission, an Assignment of Copyright form would still need to be mailed to the above address.

The Twelve Steps & Twelve Traditions Workbook is being reviewed to consider any edits or changes deemed necessary, particularly regarding Step Four. If you have experience based on your use of the workbook, the Literature Committee is interested in receiving feedback. You can contact us by email or regular mail at the above addresses.

The *Newcomers Handbook* is presently undergoing revisions to keep it as current as possible and to make necessary edits.

New CoDA Teen literature has been brought to the committee editing process and we anticipate receiving updated literature from Hospitals & Institutions as well.

In Service,
CoDA Literature Committee

Outreach Committee Report

Following the merger last year of National Outreach and World Outreach, we have been faced with a lot of challenges and adjustments. We have been given a big mission to reach out to the US and the World. Outreach has been through some turnover and turmoil but I believe we have progressed and grown, individually, as recovering codependent and in our team service work always in guidance by the group conscience process and our loving Higher Power.

Currently main Outreach is comprised of 6 members-- Florence M. (chair) (from MD, USA), Tracey R. (IL, USA), Karen G. (TX, USA), Deborah R. (AB, Canada), Wayne M. (CA, USA) and Jay W. (currently observer) (from USA)

We continue to receive approximately 200- 250 emails per month. About 100 of these emails are from Spanish speaking CoDA members. To meet the needs of the Spanish speaking community, we have successfully established the Spanish Outreach sub committee (fondly known as "SPOuts") We have 6 members, Tracey R. (USA), Florence M. (USA), Marta O. (Chile), Ana S. (USA), Cari (USA), and Maggie (USA). The latter four listed are all bilingual volunteers and have provided an invaluable service for outreach in translating emails and replying in Spanish to other suffering codependents. There is an increasing need for Spanish translated CoDA literature especially the CoDA book. There has have been increasing requests for Spanish online meetings. Marta O. and Cari have volunteered to help get an online Spanish meeting started.

We strive to connect codependents in areas that are sparse in meetings. Recently we have had a lot of inquiries from New Jersey area for meeting support. In countries where there is no establish national outreach there are increased needs for CoDA, inc. support. Most recently we have connected some members from Estonia, Argentina, and

Australia. We ask inquirers if they would like to volunteer as contact persons for their area so that we can have an accurate US and country contact list. There is an increasing need for help with shipping and handling of literature to these countries to get new meetings started.

We are also challenged with maintaining the accuracy of meeting data and contacts. To meet this need, we have established our newest subcommittee, named "Update Outreach." Allan B. is the current Sub- committee chair. Here is his report---

The Update Outreach Sub-Committee

- a) Formed during the last quarter
- b) Alias updateoutreach@codas.org created (presently two people on alias Florence and Allan B)
- c) Public Info from CoDA, Inc meeting database copied and pasted into a database by Allan B to be used in sub-committee work
- d) US meetings whose last update was 18 months or older will be the first to be considered. International meeting list entries will be handled if referred to the sub-committee pending resolution by Conference GC that creates a unified database or clear guidelines of how such meeting information is to be handled by those doing service with the CoDA, Inc sub-committees.
- e) Allan B will be networking with communities and individuals in the USA to see if there is a way to facilitate this updating process.
- f) Allan B looks would like to facilitate the process of using Outreach volunteers who might not be interested or qualified to do rotations to help in the meeting info updating process.
- g) Allan B would work to support any plan from the Outreach Committee involving surveys or other types of mailings to facilitate the meeting database information updating process.

In service,
Allan B
Sub-Committee Chair

Outreach can use any volunteers who are interested in service work in any of the areas mentioned above. We will be well represented at conference this year and most exciting, Marta O. will be attending all the way from Chile!

We have recently rewritten our description for the Fellowship Service Manual, which will be sent separately to go out in the report and submitted to SSC for voting.

Thanks for listening!
Florence M.
Outreach Chair

Submittal of Revised Outreach Committee Description to Replace Text in the Fellowship Service Manual June 2005

The CoDA Outreach Committee (Outreach) is a group of actively recovering codependents that serve as the 'customer service' branch of CoDA. Through Outreach service work, we are fulfilling Step 12.

Our service work involves educating people about the CoDA Fellowship and connecting codependents with meetings worldwide. We provide information about face-to-face (f2f) and online CoDA meetings. We answer both general and specific questions about CoDA, and share our experience, strength, and hope (ESH). When appropriate, we refer others to specific CoDA committees.

Outreach assists in updating domestic, regional, and international contact information and meeting lists by forwarding information to the Fellowship Service Office. Where we can, we connect different people in the same region who want to start meetings. One of our goals is to be proactive in reaching out to and connecting other codependents.

In 2004, we developed a Spanish Outreach subcommittee to assist Spanish-speaking codependents worldwide.

Most of Outreach's service work takes place online through email; therefore, Outreach members ought to have an affinity and ability to communicate effectively over email. People interested in serving on the CoDA Outreach committee should have at least one year of active CoDA recovery.

Translation Management Committee

Hello:

We have discovered that the items translated into Spanish have errors in grammar and include some "Spanglish" words. We are sure that the Literature Committee and the rest of CoDA would like to have the grammar and wording of our Literature preserved as it was written in English using proper grammar and words.

We are working with a group of volunteers that will attempt go thru the eight Spanish items and fix the grammar and "Spanglish" words.

There will be more information regarding our recommendations on a process/policy for translating Literature in the Delegate Packets that will be mailed towards the end of June.

This is turning into a big "learn as we go task."

We have gotten estimates for commercial translation of CoDA literature and plan to discuss that at Conference to determine if CoDA should spend the money to have it done quickly and correctly, or continue to rely on volunteers.

Translation Management Committee
Richard Co-chair
Lena Co-chair
Curtis Co-chair

Spanish Outreach

No Report

Teens

CoDA Teens is in a growing spurt. We are excited to inform you that we intend to have CoDA Teen workshops for hosts, parents and teens at the 2006 Convention in Austin Texas. The CoDA Teen programs will only be offered if there is a pre-registration of twelve teens ages 13 - 19.

Host and Parent meeting will be given at separate times and will continue if minimum attendance requirements are not met for teen activities. So please register early for you and your teen. No one under the age of 13 will be permitted to participate in Teen CoDA activities. The program may have sensitive conversations that are not appropriate for younger children. In addition this is a great time for you and your teen to bond together in recovery.

Programs will consist of *Art Area* ie.. friendship bracelets, dream catchers etc.. In addition there will be a *Collage Workshop of Feelings and Goals*, *The 12 Steps and Traditions* from the CoDA workbook, and *Open Meeting* for teens only no parent participation and is a closed meeting to all adults, an *Awareness Workshop*.

If we have enough funds we will do *Mask Making* (this will need to start on Thursday night for the gathering). Teens can work on them through the weekend. We will discuss the masks we wear in everyday life to hide our inner feelings.

If you would like to participate with any of the workshops or may have an idea for a workshop of your own please contact us at teens@codas.org

We will be having a teen program meeting at the 2005 CoDA Conference in New Hampshire please contact us if you are attending and would like to sit in with the group during our discussions.

One I again I stress that you please register early so that we can have this program be successful. We look forward to seeing all of you soon.

The Teen Committee will present "Carrying the CoDA Message of Recovery to Teens: at the upcoming CoDA Service Conference.

Sincerely

Geri
Teen Chair

CoDA Convention Committee

Have you checked out the CONVENTION 2006 information flyer on the CoDA website?

The Convention 2006 Committee is hard at work to make a wonderful recovery retreat for our Fellowship from May 25-28, 2006 in Austin, TX. PLEASE keep your eye out for our registration form and program guidelines for workshop leaders and keynote speakers on the CoDA website by the end of May. You can register online or by mail. Some feedback you can give to us right away is the following:

1. Do you want to bring a teen for CoDA Teen Meetings/Workshops? Reply to www.convinfo.com. If we have 10 or more teens, CoDA Teens in collaboration with the Convention 2006 Committee will organize events for them.
2. If we have 25 adult CoDA members who want to have Spanish speaking workshops and know of workshop leaders, we will collaborate with them to have Spanish speaking workshops. Please respond to www.convprog.com
3. If there are 25 people of other languages who want workshops in their own language we will do the same. www.convprog.com

Fun, FUN, FUN

4. Let us know if you want post convention gatherings? Austin is such a fun place to be and the event closes at noon on Sunday, May 28th. You may want to stay over for Sunday and Monday. Let us know www.convinfo.com Hotel rates stay the same.

Acknowledgment: Karen G, David Mc, Joe L, Terri S., and Annie R along with myself are diligently working on this project with all of our wisdom, strength, and hope.

Gayle T
Chair

2006 CoDA Convention Guidelines

Theme: "Knowing a New Freedom"

We welcome all proposals. Thank you for contributing your Experience, Strength, and Hope to the 2006 CoDA Convention

Guidelines for Workshop Leaders

1. Please submit a short narrative of your workshop. Be sure to indicate how it fits into the CoDA 12 Step/Tradition Programs and our theme "Knowing a New Freedom."
 - Is your workshop experiential and/or a lecture?
 - What is the maximum number of participants for your workshop?
 - Will you have handouts? No more than two pages, please. We will copy them for you.
2. As in our CoDA traditions, workshops at a CoDA event must abide by CoDA traditions. No promotion, use or sales of outside interests are permitted.
3. What you should know:
 - Seven to ten workshop proposals will be selected
 - You may submit more than one (multiple) proposal topic.
 - All workshops go for ninety minutes
 - Workshops will be presented twice to allow all participants choice of time—two opportunities to share your experience, strength, and hope

- Please include a short bio about yourself as it pertains to CoDA recovery
- Have you given this workshop before? How often and where? Two references if applicable.
- The Convention Program Committee will respond to all applicants.
- Your **proposal must be postmarked by October 31, 2005 to be considered.**

Suggested Workshop Topics

Step Work	Healthy Relationships
Self Esteem	Prayer/Meditation
Sexuality	Fun
Boundaries	Inner Child
Other Ideas	

Guidelines for Keynote Speakers

There will be three (3) Keynote Speakers' whose experience, strength, and hope will anchor one of our three (3) buffet meals. Keynote speaker applicants should have public speaking experience. Public speaking experience for our purpose may include prior experience in leading workshops, leading and facilitating meetings, making presentations and speeches, etc. We invite your proposal.

1. Please submit a synopsis of your speech. Topic may be on any relevant issue relating to "Knowing a New Freedom" from working the CoDA 12 Step Recovery Program.
2. Speech should be limited to 30 minutes.
3. Tell us who you are. How long in CoDA recovery, number of other times you have shared your experience, strength and hope as a keynote speaker, other interesting information about yourself, etc.
4. The Convention Program Committee will respond to all applicants.
5. Your **proposal must be postmarked by October 31, 2005 to be considered.**

SEND WORKSHOP & KEYNOTE SPEAKER PROPOSALS TO:

convprog@codaa.org or

2006 Program Committee

P.O. BOX 6084

Ft. Worth, TX 76115-0144 USA

Please include your

- Name
- Complete mailing address
- E-mail
- Telephone number

Questions?

For Workshop Leader and Speaker inquiries ONLY, please contact:

David Mc., Program Chair at:

- Email: convprog@Coda.org
- Tel: 817-293-5568

Service Structure Committee

Chair: Leo. C

2005 Committee Goals

1 Respond in a timely manner to states issues and other issues referred to us by the Board at NSC and throughout the year.

- We are currently up to date on this goal.

2. Ongoing foundational document creations, revisions and distribution as needed, including NSC 2004 approved changes to the FSM and the CoDA Inc. Bylaws and creation of a voting/election procedure to be presented at NSC 2004.

- We have completed the changes to the bylaws as instructed by motion from the NSC2004. They are ready for vote by the CSC.
- The FSM has undergone extensive markup due to the Worldwide nature of our organization. It is included in this year's CSC for approval. It will not be in the packet, but will be distributed on the first day of the Conference.

2005 Committee Action Plan

1 Regular, ongoing communication among committee members.

- This has been done and is ongoing. We had several conference calls and face-to-face meeting. Participation has been disappointing, but we managed to get the work done.

2. Report progress to the Fellowship quarterly via the QSR.

- If you're reading this, we are up to date.

Proposed new voting structure.

We have attempted to simplify the voting structure. If approved, it will consist of three basic levels: The group meeting, the Intergroup (community, area, etc.) and the Voting Entity, which will consist of a state, or country, or part of a state, part of two different states, whatever makes sense to the members involved. As long as they hold meetings on a regular basis and can fund a delegate or two and can support the fellowship that depends on them, they may apply for Voting Entity status. This is intended to remove all geo-political boundaries from the structure. In the transition, each state of the U.S. will maintain its two delegate status. They may request to break into separate Entities or

combine with others as makes sense. We propose that these new organizations be submitted to IMC for authorization and recording.

Respectfully submitted,

Leo Carlin, with thanks to my excellent committee.

Website Report

CoDA Events: We welcome event news from CoDA communities. Send flyers ready for posting, or simply email brief details about what, when and where, and we will post your event news on the Calendar of Events page. Remember, posted information needs to follow the Web Site Guidelines. (http://www.coda.org/web_site_guidelines_2003.htm)

CoDA Communities Links: If you are interested in having a link to your community website, please read the guidelines posted on the www.coda.org website and send in your URL. The more links we can offer, the greater service we are to the Fellowship. Link requests are referred to the Board of Trustees Legal Liaison for resolution of any copyright issues.

CoDA Meetings Around the World: The international meeting lists previously on the CoDA World Service web site were transferred to the CoDA web site. Work continues to improve the presentation and accuracy of the meeting information.

Join Us: We are still looking for additional volunteers for the Web Team. We use FrontPage to maintain the web site. We would be glad to have your assistance if you have experience maintaining a web site.

Comments and suggestions concerning the web site can be sent to webinfo@coda.org

From your Web Team in 12th Step Service
Rick M.
George F.
Curtis F.
Sheila H.

Website Task Force

No Report

Finance Committee

With the Service Conference approaching, the Finance Committee is considering some changes to CoDA's financial policies. These include:

1. Increasing the mileage allowance from the current \$.30. We all know what has happened to the price of fuel.
2. Determine a cost effective way to verify CoRe is maintaining accurate records and that CoDA is receiving the appropriate amount of royalty money. Conference 2004 directed CoDA Inc. to conduct an annual audit of CoRe, but a complete audit is extremely expensive.
3. Review and possibly revise CoDA's investment policy

4. Recommend a policy on reimbursements of expense reports when a foreign currency is involved. With conversion rate fluctuations, the volunteer could get a cash windfall or get short changed.

Look for more on these topics in the Delegate Packets that are scheduled to be mailed in late June.

The CoDA Finance Committee will be Emailing the "Goals and Budget" form to each committee chair so each committee can get a head start on the work of the Service Conference. Each committee chair will need to provide two copies when the committee makes its report to Conference. One copy goes to the Finance Committee and the other copy goes to the Conference database recorder.

There have been changes to the people approving expense reports. Please check the Trusted Servant Guidebook (<http://www.coda.org/tsg/>) before submitting an expense report. If you don't already have the ID and password you can check with your committee chair or Finance Committee for ID and password. Email to finance@coda.org

Expense report forms and guidelines are available in the Trusted Servant Guidebook (<http://www.coda.org/tsg/>).

Your Finance Committee

Judi T.
Steve M.
Curtis F.
Della B. Chair

Co-NNections

No Report

Hospitals & Institutions (H & I) Report

No Report

Online Support Committee

The Online Support Committee (OSC) is planning on making at least two recommendations by motion at the Conference. They are:

Recommendation 1: OSC requests that SSC and CLC review and consider wording changes to existing CoDA documents, forms, etc., so that documents support all CoDA meetings, including alternative meetings.

Justification 1: The goal is a unified set of documents that reflect and support the needs and concerns of all CoDA members. The 2004 Service Conference voted to accept alternative meetings as being equal to all other CoDA meetings. Examples of documents

that need to be re-evaluated include: the "Starter Packet', the "CoDA Group Registration Form," Meeting Update" website page," and the "Meeting Database."

Recommendation 2: OSC would like to request that the criteria used to create intergroups ("voting entities") be broadened to allow alternative meetings to form intergroups ("voting entities.")

Justification 2: Intergroups are presently defined strictly by geo-political boundaries. This prohibits the formation of alternative intergroups ("voting entities").

Because of the way alternative groups meet, some of their needs and concerns are unique. Also, their membership tends to come from multiple states and even multiple countries.

It is OSC's belief, therefore, that alternative groups need their own intergroups ("voting entities"). They deserve to have representation that understands their needs and concerns. They deserve to have a vote on issues that relate to them, and CoDA as a whole.

The Online Support Committee is discussing other topics that may also be brought to Conference.

Curtis F.
Chair, Online Support Committee

CoRe

In May, Gene resigned in order to devote more time to home. We will miss Gene greatly and really appreciate all the help he has provided to CoRe and CoDA over the past years.

We are excited to announce the addition of Jeff T. to our Board as Alternate. He comes to us with lots of experience at the local, regional and state levels and we look forward to working with him. Welcome, Jeff!

We have a new booklet in print – Tools of Recovery. It is available on the new order form, which you can print from the CoDA website.

Our distribution center moved in May from Georgia to Alabama, and is already up and running! It was a really smooth move, with only a week downtime for the move! Many thanks to the distribution team for their hard work in making this happen.

We look forward to seeing you at Conference!

In recovery,
CoRe

Issue Mediation Committee

This year the Issues Mediation Committee entertained one issue until, by consensus, the issue was considered to be the responsibility of the parties. We heard only one side, therefore a ruling would have been slanted. We requested that the parties work it out,

and we heard nothing further.

The Committee Chair received a request for clarification about a group issue, requested input from members, and responded to the questioner that the point of discussion was only a group concern that could be decided by Group Conscience.

There were no costs or expenses.

Respectfully submitted,
Salle, Northern California, Chair

Fellowship Services

Yes, CoDA, Inc. has a World Fellowship Services person. When the Conference voted to merge CoDA, Inc. and WSCoDA, Inc., all thought the process would be quick and the time between last Conference and this one would be spent leisurely editing our bylaws and writing policy statements. The first thing we discovered is that there is enough difference between the US database and the World database that we could not simply merge the two databases. We didn't want to waste time and effort on writing code for the website while it is being redesigned for a World focus to provide two search engines. So, we copied the pages with meeting information from the World site to the CoDA site. These pages are labor intensive to update and thus do not get attention as often as we would like. The pages do allow one to see all of the meetings in a particular Country at one time and the index of Countries is available by clicking a link right on the page where people are used to searching for meetings inside the US. Some countries have started keeping their own list like Canada, United Kingdom and Australia. Here are some statistics of things that are happening outside the US in our World-Wide CoDA Fellowship:

Total meetings outside the US*:	217
(Canada, UK & Australia)	(203)
New Countries Added:	Chile, Columbia, Guam and Netherlands
Meetings updated or added: (Since last Conference)	24
Updates by Country	
Brazil	4
Chile	1
Columbia	1
France	3
Guam	4
Guatemala	1
Israel	1
Mexico	1
Netherlands	1
Portugal	2
South Africa	2
Thailand	2

Virgin Islands	1
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*Does not include Canada, United Kingdom or Australia.

World Fellowship Services:
Roy L.

CoDA Quarterly Service Report (QSR)

No Report