



## CoDA Quarterly Service Report

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4<sup>th</sup> Quarter 2005

[www.coda.org](http://www.coda.org)

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### CoDA Board Report

The Board signed the contract for the new web site for CoDA inc. Dave F has presented some of his ideas to the Board; we were impressed with what we saw. We are pleased to report to the Fellowship, progress is finally being made on the new website. All the information from the old web site will be available on the new web site plus additional information. We think the new web site will be much easier to navigate than the old site. There will be only one site for CoDA Inc, and it will be the CoDA World web site. We will report on the progress of this project in future QSR Reports.

All the States and Countries have been assigned a Board Liaisons; they are listed on the CoDA.org web site. The CoDA Committee liaisons are also listed on the web site.

We are reviewing, with our Copyright attorney, all CoDA Literature, to insure CoDA, Inc owns the copyrights.

We still have on our agenda the task of obtaining a CoRe audit. This has been much more difficult than we ever thought it would be. David has been diligent in this task but is finding it extremely difficult to locate someone willing to perform the audit at a reasonable cost to CoDA. Part of the problems is due to the CoRe Books being located in one state and the CoRe inventory in another.

A check for \$3000.00 has been sent to CDRS to help with publishing and set up cost to publish CoDA Literature in English in Canada. This is half of the amount approved at the CoDA Service Conference.

The Board has requested a written contract with cost and time expectations for the \$26,000 voted at the CoDA Service Conference for the purpose of translating CoDA literature into Spanish. We are working with Curtis F. to accomplish this.

The Board is planning a face-to-face meeting January 6 – 7, 2006. Some of the items up for discussion at this meeting, the Motions approved at CoDA Service Conference, States Issues from the CSC, consolidating the CoDA US meetings database and the database for meetings in the rest of the world.

Ramona P. Chair CoDA Board of Trustees

## **CoDA Service Conference Committee**

As of Dec. 15, 2005, we have 62 people registered to attend the 2006 Convention in Austin, TX over Memorial Day Weekend. With 62 registrations, the Convention is going to happen!

This is the first CoDA Convention since 2000, so let's gather to rejoice in the gifts of recovery, celebrate CoDA's 20 birthdays, get a year's worth of recovery in one weekend, and have fun!

On January 16-17, the committee will look at the registration and room counts to determine the numbers to give to the Marriott Airport South hotel on January 18th. Due to CoDA's contractual obligation to the hotel, if you get this reminder in time, we recommend that you make your hotel room reservations with the Marriott in advance of January 17, 2006 (1-800-228-9290). In so doing, you will be of great assistance in helping us determine the total pool of rooms the hotel will guarantee to the CoDA Convention. Rates are good until April 15, 2006.

People who submitted a Keynote or Workshop proposal are being contacted in December. If you submitted a proposal, but haven't heard anything when you receive the QSR, contact the Program Chair, David Mc. at [convprog@coda.org](mailto:convprog@coda.org).

The registration form includes space to indicate interest in other activities. The results as of Dec. 15 are:

Post convention activities = 8

Spanish workshops = 3

French workshops/meetings = 0

Evening activities = 16

Teen workshops = 3

Teen meetings = 2

Other suggestions: DJ for dancing, CoDA meeting, info on Hospitals and Institutions

The Convention Committee Treasurer will be sending invoices for the unpaid registration balance on Dec. 26th.

Because of increased workloads, the Committee decided to add Joe L. as Co-chair. Joe has been on the Convention Steering Committee from the start. We are very excited about the Convention and look forward to seeing the Fellowship in Austin, TX. Watch for a Convention Committee update on CoDA.org's homepage within 30 days.

In Service  
Convention Committee

## **CoDA Literature Committee**

The members of the 2005-2006 CoDA Literature Committee (CLC) are:

Laurel H., MD; Judi T., MA; Anita F., UT; Sharon R., CT; Janet C., MA; Kay B., FL; Tony H., NY; Roger P., NV; Salle H., CA; David Mc., TX; Janet H., CA; Nancy H., WI; Mary I., NC; Rusty M., AZ; Jeri S., CA; Allison F., FL; Patricia C., Chile; Dianne C., Canada.

The CLC is seeking the experience, strength, and hope of CoDA members with regard to the concept of sex, love, and relationship addictions as they relate to codependency. Work is in progress to develop a booklet, *Peeling the Onion*, based on these sharings. Submissions are requested to be 100-500 words. They will be edited and published anonymously. A copyright release (Assignment of Copyright) is available on the CoDA website. This form needs to be signed and sent along with your sharing to:

Janet C.  
P.O. Box 141  
Pascoag, RI 02859

You can also submit your sharing to [lit@coda.org](mailto:lit@coda.org), but a release form still needs to be signed and submitted to Janet so the information to be used by CLC.

Two state issues assigned in Nashua, NH were accepted by group conscience of CLC as new projects. The *CoDA Book* and the *Affirmation Booklet* will be reviewed during the coming year with regard to implementing the issues submitted by Texas and New England.

Work is also in progress on the following projects: Review of the *Twelve Steps & Twelve Traditions Workbook*, particularly with regard to Step Four. A new service item on recovery traits - a companion piece to the Characteristics of Codependency. A *Fellowship in CoDA* pamphlet.

New literature, the *In This Moment Meditation Book*, containing 366 meditations, is presently being prepared for publishing and should be available for purchase by the Fellowship in 2006.

If you have feedback for the CLC, we can be reached at [lit@coda.org](mailto:lit@coda.org) or  
P.O. Box 33577  
Phoenix, AZ 85067-3577  
U.S.A.

Respectfully submitted,  
Laurel H., CLC Chair

### **Outreach Committee Report**

No Report

### **Translation Management Committee**

A French translator from Quebec has been found, and negotiation on terms is ongoing for approval at the next CSC.

Translation Management Committee

Curtis Co-chair  
Richard Co-chair  
Lena Co-chair

## **Spanish Outreach**

Present Plan (English):

The Spanish Outreach Committee (SPO) is made of codependent volunteers in recovery that are actively attending meetings for more than a year. Our members are bilingual, in both English and Spanish, by helping others find recovery, they honor the Twelfth Step of Codependents Anonymous.

Spanish Outreachers (Spouts) are in charge of reading, translating, and answering all email coming into our Committee. Spanish Outreach consists of the following members:

Tracey R, Florence M, Marta O, Cari S, Maggie C,  
Sergio H, Jose Pepe, and Yara. There is one  
observer: Guillermo F, and one Spanish Outreach  
Liaison, Doug P.

On an average, we receive 50 - 120 emails per month. The majority of these are inquiries to locations of group meetings, but there are also a number of queries regarding how to start a group, where to obtain CoDA literature in Spanish, and other general questions. We also receive emails from other departments within CoDA with an array of topics.

Achievements:

A big achievement for the Spanish Outreach Committee this Quarter, has been receiving Spanish email, directly to our address. This simplified our process of answering emails, for where before, all mail went to Outreach and they in turn would forward to us, and this process caused delays processing and answering our mail.

Committee Member, Maggie has done an outstanding effort helping with the wording of the Spanish Website. Tracey, and Florence, both our senior members, are invaluable to our department for their knowledge of CoDA. Marta, one of our members from Chile attended the CoDA conference last year and gave us first hand information of the event.

For a more accurate report, we are now counting all emails coming into our Committee, and started using a standardized signature informing our readers of the soon-to-be held CoDA conference. The text of the signature is below:

Del 26 al 28 de mayo del 2006 será la próxima  
Convención de CoDA en Austin, Texas, Estados  
Unidos de Norteamérica. Mayor información, en  
el siguiente enlace:

<http://www.coda.org/events/2006codaflyer.htm>

Our Committee provided the information for the opening of a new group in Merida, Mexico.

Finally, but most certainly not least, when asked, our Committee also offers Strength, Experience, and Hope...

Future Plans:

We continually look for bilingual volunteers to join us. Committee member Marta and I are considering starting a Spanish online group for those to whom face-to-face meetings are inaccessible.

Any further questions, please write to us at [spanishoutreach@coda.org](mailto:spanishoutreach@coda.org)

Paz y Serenidad / Peace and Serenity  
Spanish Outreach

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Plan Actual (Español):

El Comité Español de Outreach (SPO) está constituido por voluntarios codependientes en recuperación que han estado asistiendo activamente a reuniones por más de un año.

Nuestros miembros son bilingües, en Inglés y Español, ayudan a otros a encontrar recuperación, y honran el Paso 12 de Codependientes Anónimos.

Los Outreachers Españoles (Spouts) están a cargo de leer, traducir y responder todos los mails que ingresan a nuestro Comité.

Los Outreachers españoles lo componen los siguientes miembros:

Tracey R, Florence M, Marta O, Cari S, Maggie C,  
Sergio H, Jose Pepe, and Yara.  
Hay un observante: Guillermo F, y un  
Coordinador , Doug P.

Recibimos aproximadamente entre 50 y 120 mails por mes. La mayoría de ellos son consultas relacionadas con la ubicación de grupos y reuniones, pero hay también un número de mails que consultan cómo comenzar un grupo, dónde obtener literatura Coda en Español y otras consultas generales. También recibimos mails de otros departamentos de Coda convarios temas.

Logros:

Un gran logro para el Comité de Outreach en español en este trimestre, ha sido el de recibir los mails directamente a nuestra dirección. Esto ha simplificado nuestro proceso

al contestar mails, porque antes todos los mails llegaban a Outreach y ellos en turno nos los enviaban, y este proceso causaba demoras en el procesamiento y respuesta de los mails. Nuestra miembro del Comité, Maggie, ha hecho un esfuerzo sobresaliente en ayudar con la redacción del Sitio Web en español. Tracey y Florence, ambas nuestros miembros más antiguos, son invaluable en nuestro departamento por su conocimiento de Coda. Marta, una de nuestros miembros de Chile, participó en la la Conferencia de Coda este ultimo año y nos dio información de primera mano.

Con el propósito de dar un reporte más exacto, estamos ahora contando todos los mails que llegan a nuestro comité y estamos usando pies de página estandarizados que indican a nuestros lectores que pronto se realizará nuestra próxima Convención de Coda. El texto del pie de página es el siguiente:

Del 26 al 28 de mayo del 2006 será la próxima Convención de CoDA en Austin, Texas, Estados Unidos de Norteamérica. Mayor información, en el siguiente enlace:

<http://www.coda.org/events/2006codaflyer.htm>

Nuestro Comité dio toda la información para la apertura de un Nuevo grupo Coda en Mérida, México.

Finalmente, pero ciertamente no menos importante, cuando se nos solicita, nuestro Comité ofrece Experiencia, Fortaleza y Esperanza...

Planes Futuros:

Continuamente buscamos voluntarios bilingües para que se nos unan. Los miembros Marta y Cari están considerando el abrir una Comunidad Coda en Español por Internet, para quienes las reuniones presenciales no sean accesibles.

Cualquier consulta a futuro, por favor dirigirse directamente a [spanishoutreach@coda.org](mailto:spanishoutreach@coda.org)

Paz y Serenidad / Peace and Serenity  
Spanish Outreach

Del 26 al 28 de mayo del 2006 será la próxima Convención de CoDA en Austin, Texas, Estados Unidos de Norteamérica. Mayor información, en el siguiente enlace:

<http://www.coda.org/events/2006codaflyer.htm>

## **Teens**

We here at CoDA Teen are wishing everyone a very Happy Holiday Season and a Joyous New Year.

Since conference the CoDA Teens have looked into "Telephone" meetings for teens. Gayle is going to continue to look into this project for the next year. Thank you for your help.

Geri has been out of commission due to her surgery and is expected to be back on track by Jan.

We are looking forward to starting off the New Year with

- \* New materials for teens.
- \* Adults or meetings look at sponsoring a teen meeting in your area.  
If interested please contact us at [teens@coda.org](mailto:teens@coda.org)

\*Volunteers are still needed please look at our "Help wanted" for job descriptions

The Best for this Holiday Season  
Geri S., Teen CoDA Chair

## **CoDA Convention Committee**

No Report

## **Service Structure Committee**

The 2005 CoDA Service Conference (CSC) passed amendments to our CoDA Inc. bylaws and our Fellowship Service Manual. As a result, the Service Structure Committee asked the web team to post the newly revised documents on our website. They can be viewed at [http://www.coda.org/By-Laws/2005\\_version/BYLAWS\\_2005.htm](http://www.coda.org/By-Laws/2005_version/BYLAWS_2005.htm)

If you have questions about CoDA's structure, group conscience process, Conference procedures, etc.--check out these valuable resources.

We are editing the "Commonly Asked Questions" (CAQs) and "Welcome Letter" to reflect our change from a national to an international Fellowship.

Our purpose is to support, maintain, and create CoDA fundamental structural documents, including the Articles of Incorporation, Bylaws, Fellowship Service Manual, Twelve Concepts, and other documents, as directed by the CoDA Service Conference.

We wish you "serenity, strength and spiritual growth." (Promise 12)  
In Service,

Your Service Structure Committee, Judi T. Chair , Dave S. Vice-chair

## **Website Report**

No Report

## **Website Task Force**

No Report

## **Finance Committee**

No Report

## **Co-NNections**

No Report

## **Hospitals & Institutions (H & I) Report**

No Report

## **Online Support Committee**

The Online Support Committee has been relatively inactive this quarter. However, it has prepared its "MSN Group" message board to continue its work for the coming quarter. Plans are also underway to contact the Service Structure and the Literature Committees to offer our support in making appropriate changes to CoDA documentation. We also plan to re-evaluate the "Alternative Format Meeting Information" CoDA web page, with an eye on making it more useful.

During the CoDA Service Conference, the following individuals volunteered to become OSC members: Barbara from So. California, Curtis F. from Missouri, Dan from Colorado, Gary (Chairperson) from Maryland, Lena from New York, and Marta from Chile. OSC membership is still open to others interested in participating.

Submitted: Gary R., Chairperson

## **CoRe**

With the upcoming increase in postage rates, CoRe has to increase the price of shipping. You will see a new order form on the web before the end of the year. We are trying hard to not raise the cost of literature, even though our costs have increased.

We are having more and more contact from outside the USA for literature, which is very exciting for us!

We are hoping to have the newest literature available by May. ***Did you know you can e-mail your order to CoRe?*** As long as you include the item numbers, description, quantity and price, along with the billing and shipping information, we can process your order! No need to attach the order form, just please double check your order.

## **Issue Mediation Committee**

No Report

## **Fellowship Services**

No Report

## **CoDA Quarterly Service Report (QSR)**

To CoDA's Trusted Servants,

The purpose of the QSR is "serving our CoDA Fellowship" by providing a bulletin "in which committees can report their activities." (Quoted from CoDA by-laws)

It's a vital link between CoDA Inc. Committees, Delegates and members. The QSR and **coda.org** website provide the most complete and up-to-date sources of information about our Fellowship. Please share this information with your meetings and service entities.

Any interested CoDA member can receive the QSR by email. Just contact **[QSR@coda.org](mailto:QSR@coda.org)** to be added to the distribution list.

I am retiring from this service position, effective with this issue. David L., past chair of the CoDA Board and still a trustee, succeeds me in this job.

What a privilege to have served as the liaison/administrator to the QSR! A big "Thank you" to all the Committee and Board chairs who have contributed to QSRs. I am so grateful to the Fellowship and my Higher Power for entrusting me to be of service.

Hugs, Judi T.

## **FYI**

### **New QSR Editor**

I want to thank Judi T. for the great job she did as the Editor for the Quarterly Service Report. Once I get settled in, I hope to be as efficient as she has been. If you plan to have something in the first quarter of 2006 QSR, please email it to **[QSR@coda.org](mailto:QSR@coda.org)**, by the first of March, 2006.

I appreciate this opportunity to be of service to the Fellowship, and it is my attempt to put words into deed. Communicating with one another is important.

David L., Editor

## Use email! Help cut mailing costs!

Update Form December 2005

In order to distribute the QSR in the most cost effective manner, we want to send QSRs by e-mail whenever possible.

**If you have e-mail, please send your name and address: [qsr@coda.org](mailto:qsr@coda.org)**

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