



## 2010 CoDA TEXAS RETREAT CAMP LONESTAR @ LAGRANGE, TX

March 12-14, 2010

### "How to Heal Ourselves"

Retreats are a time to get away from your normal life, relax, reflect, and work on your recovery while experiencing the fellowship of beautiful, loving, and accepting people who are striving to recover and heal through our spiritual program

- ❖ Serene camp setting (scenic lake, canoes, gazebo, walking trails).
- ❖ Facilities reserved and ***limited to maximum of 60 people***. ***To ensure space, please register early!***
- ❖ Pillows, blankets, towels, and linens are provided.
- ❖ 4 to 6 people per room; each room has a private bath.
- ❖ Camp-style hot meals provided: 3 meals on Saturday and 2 meals on Sunday.
- ❖ NOTE: Ample camp food. However, any Special Dietary Needs will be the individual's responsibility. Refrigerated storage will be available in the camp's kitchen for your use.

#### Registration and Cost:

##### Early Registration at "Discounted Price" (All Payments by Check Only)

- **\$140 MUST BE RECEIVED BY FEBRUARY 27, 2010**. Additional donations will be used for Scholarships, please specify amount of donation on check.
- **A \$50 non-refundable deposit** will reserve a spot if **received by February 27, 2010** with the \$90 balance due at the Retreat. **Early registration also gets you 1 free raffle ticket.**

**All Other Payments received after February 27, 2010:** \$150 (Payments By Check Only)

***An information packet will be mailed or emailed to you after receipt of payment in full or deposit.***

**For Additional information contact:**

Karen G.	979 823-2482 (home)	<a href="mailto:kkg1456@yahoo.com">kkg1456@yahoo.com</a>
Kathi E.	817 999-7039	<a href="mailto:keslp@att.net">keslp@att.net</a>
Marilyn B.	713 854-7282 (cell)	<a href="mailto:mbarnes@petrohawk.com">mbarnes@petrohawk.com</a>

-----  
**Make Check Payable To: "CoDA Texas"** (Include this Registration Form) (Please Print)

**Mail To: CoDA Spring Retreat P. O. Box 300511 Austin, TX 78703-0009**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY** \_\_\_\_\_ **ST** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**PHONE (H)** \_\_\_\_\_ **Other Phone #** \_\_\_\_\_

**E-MAIL** \_\_\_\_\_