

First Annual CoDA Mini Conference of Spokane WA
Understanding Codependence: A Journey of Self Discovery
with Co-Dependents Anonymous (CoDA)

What is CoDA? *A 12-Step program of recovery for building healthy, loving relationships*

The purpose of this conference is to raise CoDA awareness in our area, to benefit those already in CoDA and attract new people who do not know what CoDA is.

- We are excited to announce that Rick and Elizabeth from Bothell, WA will be our special guest speakers and will be sharing their personal stories.
- There will be several speakers from local CoDA groups who will share their stories.
- There will be a total of four (4) workshops available. Each Attendee will be able to choose 2 of the 4 to attend.
 - *Communication and Recovery*
 - *Establishing Boundaries*
 - *Tools of Recovery*
 - *Resolving our Spiritual Dilemma*



Date: April 21, 2018

Time: **Registration** – 8:00 – 8:45 am
Conference – 8:45 – 5:00 pm

Location: St. Johns Cathedral | (The Jewitt House) | 127 E 12th St. | Spokane, WA 99202

Cost*: \$15 early registration (*ends March 1st*) - \$20 (*until April 18th*) - \$25 **at the door**
**Registration fee is transferrable but non-refundable*

Contact: Michael L | 509-624-4872 | leisersonm@gmail.com

Register Online: <https://www.eventbrite.com/e/first-annual-spokane-coda-mini-conference-tickets-42890276973> (*additional fees apply*)

Your registration fee includes a full day of events, snacks and a healthy lunch. Dietary restrictions will be accommodated for those who pre-register. Lunch cannot be guaranteed for those registering at the door.

Mail-in registration form - - Please detach below this line

Make Check Payable to: **Jenny Malmquist**

Return this form with the full registration fee to:
Jenny Malmquist, 4503 N Hartley St., Spokane WA 99205

Please print:

Name: _____

Email: _____ Phone: _____

Dietary Restrictions: _____