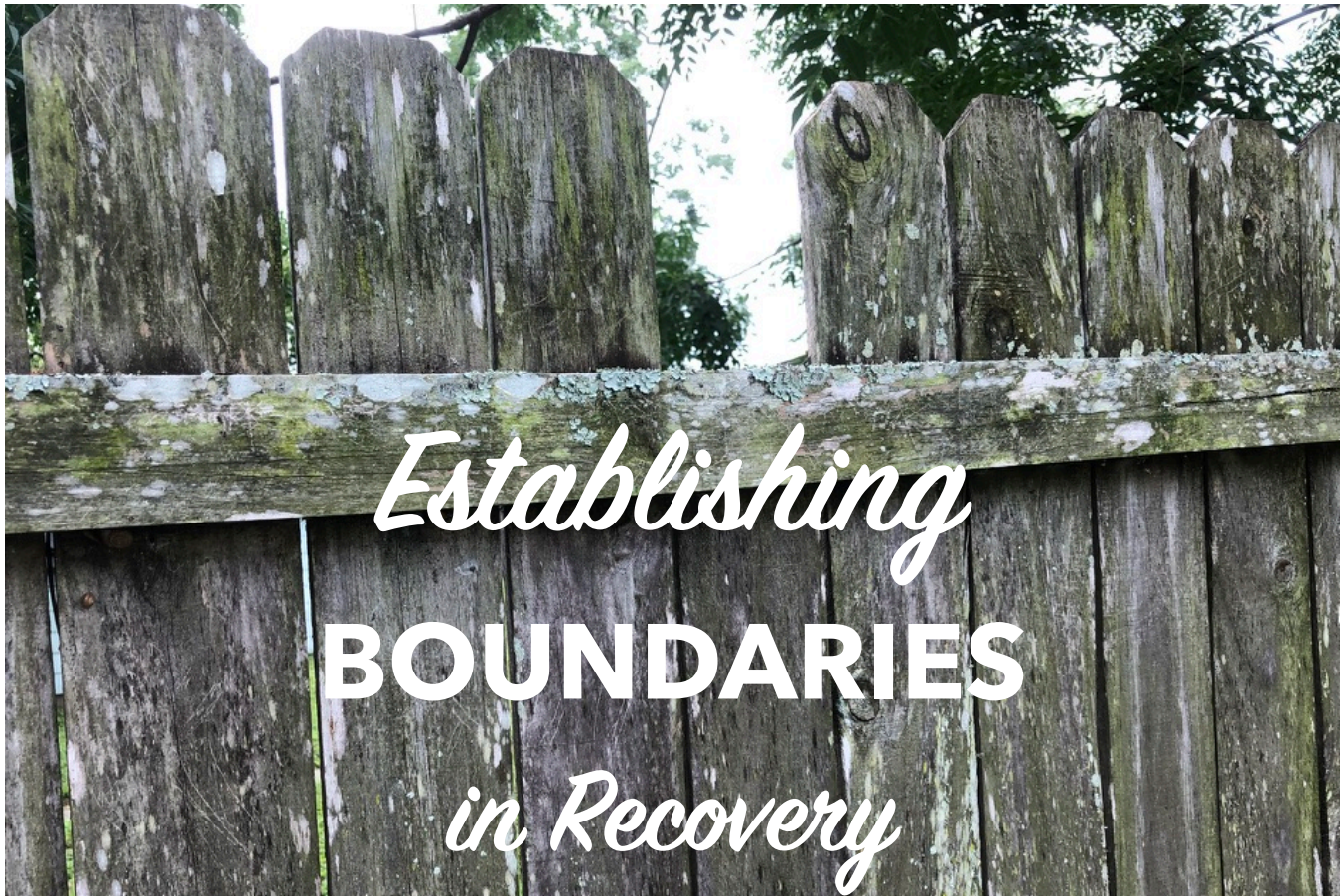




New Beginnings & Entirely Ready
CoDependents Anonymous groups
proudly present a workshop on



SATURDAY, NOVEMBER 7, 2020

8:30 a.m.-3 p.m.

A boundary is a limit or border. In CoDA, boundaries relate to imaginary borders that surround each individual's body, spirit, energy, behaviors, thoughts, and emotions. We set boundaries to help insure our personal safety, comfort, and self-respect.

From Co-Dependents Anonymous

Cost: \$18 by 8-31-20; **\$26** afterwards

♥ Scholarships available ♥

Where: Prince of Peace Catholic Church
Parish hall~Ormond Beach, FL 32174-6902

TO REGISTER:

Make check payable to: Betty Rowe.

Name _____

Telephone # (____) _____

email address _____

Mail to: 2 Oak Brook Dr.~Ormond Beach, FL 32174.



Questions? Call or text Gretel at (386)451-0391.