

**CoDA Service Conference 2022** **Motion Form**

**Check one:    X Motion** (Board - CoDA Inc.)

\_\_ **Motion** (Board - CoRe – CoDA Resource Publishing)

**\_\_ Motion**(Committee)

**Committee Name** - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**\_\_ Motion** (VE - Voting Entity**)**

**Voting Entity Name- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Submitted Date: August 14, 2022**

Due 75 day prior to CoDA Service Conference (CSC)

**Motion Number: ( 14 ) ( ) ( ) ( ) ( ) (Check One)**

**Revision #: \_\_\_\_\_\_\_\_\_\_\_\_\_ Revision Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Due 60 day prior to CoDA Service Conference (CSC)

**Motion Name: Requirements to be an officially recognized CoDA meeting. Change wording in the Fellowship Service Manual, Part 2, pg.5; What is a CoDA Meeting, and add the Current Policy Regarding Outside Literature to this section.**

**Motion:**

**To add the Co-Dependents Anonymous Book to the minimal meeting requirements to be considered a CoDA meeting, as listed below:**

1. Co-Dependents Anonymous Book
2. Twelve Steps of Co-Dependents Anonymous
3. Twelve Traditions of Co-Dependents Anonymous
4. Welcome to Co-Dependents Anonymous
5. Preamble of Co-Dependents Anonymous (short or long version)

**AND to modify FSM Part 2 to reflect this change as underlined below**.

**AND to add the “Current Policy Regarding Outside Literature” to FSM Part 2.**

**What is a CoDA Meeting**

A CoDA meeting is a group of two or more people who come together around their shared desire for healthy and loving relationships. The meeting uses the Twelve Steps and Twelve Traditions of Co Dependents Anonymous as the basis for working toward recovery. It is a place to find sponsorship and fellowship as well as the sharing of experience, strength, and hope. A strong sense of acceptance and community makes a meeting attractive both to the newcomer and old timer.

There are minimal requirements to be considered a CoDA meeting. These requirements are to read the four following Foundational Documents as written at every meeting and to register the meeting with either CoDA World or their voting entity. These documents can be found later in this manual.In addition, CoDA groups are required to follow the CoDA program as outlined in our Co-Dependents Anonymous book and other CoDA approved literature.  Meetings who choose not to read these documents or use our Co-Dependents Anonymous Book will not be listed inthe CoDA Meeting Directory on all CoDA websites and [coda.org](http://coda.org) are not considered CoDA meetings.

* Co-Dependents Anonymous Book
* Twelve Steps of Co-Dependents Anonymous
* Twelve Traditions of Co-Dependents Anonymous
* Welcome to Co-Dependents Anonymous
* Preamble of Co-Dependents Anonymous (short or long version)

CoDA groups register with Co-Dependents Anonymous World in order to stay in contact with CoDA as a whole. With respect to other questions about group organization (date, time, type of meeting), each group is autonomous except in matters affecting CoDA as a whole. Because the Twelve Steps are the basis of our recovery, we strongly suggest that each meeting set aside at least one meeting per month for Step Study.

As Tradition Four states, (“each group should remain autonomous, except in matters affecting other groups or CoDA as a whole”), it is important that a CoDA meeting present familiar aspects that communicate, “This is CoDA.” While it is rare, some meetings have chosen to adopt a format that varies significantly from CoDA guidelines. This presents confusion, particularly to the newcomer, regarding the nature of our program. If a community service group feels it necessary, a meeting may be informed specifically how it does not appear to be following the unifying principles of CoDA Tradition. If the meeting decides, by group conscience, not to change, they need to understand that they may no longer be recognized as, nor call themselves, a CoDA meeting and will be removed from Intergroups, and CoDA listings.

**Other things for groups to consider:**

It is strongly suggested that CoDA groups use CoDA Conference Approved literature. However, if a group by informed group conscience chooses to use outside literature in order to be an informed group conscience, that group must weigh their decision against the Twelve Traditions to ascertain if a responsible decision has been made. Some points to consider are:

**Tradition One**: Using CoDA literature supports the growth of CoDA and offers unity and continuity of message.

**Tradition Four**: Will the decision reached by the group affect neighboring groups or CoDA as a whole? What might be a newcomers first impression of CoDA based on the literature chosen? What is a groups responsibility to newcomers?

**Tradition Five**: Is the decision about literature, or for that matter any decision made by the group, in line with CoDA’s primary purpose?

**Tradition Six**: Is the use of outside literature an endorsement of a particular author? By making the work of a particular author the focus of a meeting, is that a CoDA meeting or a book study session?

**Tradition Eight**: Use of outside literature may border on therapy. CoDA is a self-help group and uses the Twelve Steps and Twelve Traditions as a basis for recovery.

**Tradition Ten**: Use of copyrighted materials not owned by CoDA may lead to problems in the future and ought to be considered in the decision making process. CoDA will not define codependency but will describe it. Does the use of outside literature support a particular definition?

If, after considering the above points, a group chooses to use outside literature, an announcement ought to be made at the beginning and end of the reading of said literature. *Updated at 2018 CSC on 10/12/18. Further updated at 2019 CSC on 9/10/19.*

**Intent, background, other pertinent information:**

* We have been experiencing frequent requests to registered CoDA meetings using the AA Big Book. We have also received feedback from the fellowship that meetings are being held using another 12 Step book
* The Trustees in their deliberations and decision making process shall be guided in  
  spirit by these CoDA Twelve (12) Steps, Traditions and Service Concepts and shall use their best efforts to insure that these Steps, Traditions, and Concepts are upheld. On behalf of the Fellowship, the Trustees shall act to prevent, within their power, any modifications, alterations or extensions of these Traditions or Concepts. (From the Bylaws: page 4)
* While offering unity and continuity of our message we believe it our responsibility to offer this motion and keep us in line with our primary purpose.
* Current Policy Regarding Outside Literature at CoDA Meetings was approved by the 1990 Fourth International Service Conference of Co-Dependents Anonymous however it was never added to the Fellowship Service Manual. We believe it belongs in our manual and show that addition.
* **Tradition One**: Using CoDA literature supports the growth of CoDA and offers unity and continuity of message.
* **Tradition Four**: Will the decision reached by the group affect neighboring groups or CoDA as a whole? What might be a newcomers first impression of CoDA based on the literature chosen? What is a groups responsibility to newcomers?
* **Tradition Five**: Is the decision about literature, or for that matter any decision made by the group, in line with CoDA’s primary purpose?
* **Tradition Six**: Is the use of outside literature an endorsement of a particular author? By making the work of a particular author the focus of a meeting, is that a CoDA meeting or a book study session?
* **Tradition Eight**: Use of outside literature may border on therapy. CoDA is a self-help group and uses the Twelve Steps and Twelve Traditions as a basis for recovery.
* **Tradition Ten**: Use of copyrighted materials not owned by CoDA may lead to problems in the future and ought to be considered in the decision making process. CoDA will not define codependency but will describe it. Does the use of outside literature support a particular definition?

**Remarks:**

* Over 30 years ago when CoDA began, we did not have literature. That is not the case today. We have a wealth of literature to support all meeting needs, and strongly recommend using all Conference Approved Literature.
* Below is the current language in Fellowship Service Manual, Part 2 Meeting Handbook, pg.5 for your comparison:

**What is a CoDA Meeting**  
A CoDA meeting is a group of two or more people who come together around their shared desire for healthy and loving relationships. The meeting uses the Twelve Steps and Twelve Traditions of Co-Dependents Anonymous as the basis for working toward recovery. It is a place to find sponsorship and fellowship as well as the sharing of experience, strength, and hope. A strong sense of acceptance and community makes a meeting attractive both to the newcomer and old timer.

There are minimal requirements to be considered a CoDA meeting. These requirements are to read the four following Foundational Documents as written at every meeting and to register the meeting with either CoDA World or their voting entity. These documents can be found later in this manual. Meetings who choose not to read these documents will not be listed in the CoDA Meeting Directory on the coda.org website since they are not considered CoDA meetings.  
• Welcome  
• Preamble  
• 12 Steps  
• 12 Traditions

CoDA groups register with Co-Dependents Anonymous World in order to stay in contact with CoDA as a whole. With respect to other questions about group organization (date, time, type of meeting), each group is autonomous except in matters affecting CoDA as a whole. Because the Twelve Steps are the basis of our recovery, we strongly suggest that each meeting set aside at least one meeting per month for Step Study.  
As Tradition Four states, (“each group should remain autonomous, except in matters affecting other groups or CoDA as a whole”), it is important that a CoDA meeting present familiar aspects that communicate, “This is CoDA.” While it is rare, some meetings have chosen to adopt a format that varies significantly from CoDA guidelines. This presents confusion, particularly to the newcomer, regarding the nature of our program. If a community service group feels it necessary, a meeting may be informed  
specifically how it does not appear to be following the unifying principles of CoDA Tradition. If the meeting decides, by group conscience, not to change, they need to understand that they may no longer be recognized as, nor call themselves, a CoDA meeting and will be removed from Intergroups, and CoDA listings.

**This motion requires changes to: (please check any that apply)**

**\_\_\_\_\_ Bylaws \_\_\_\_ FSM P1 \_\_X\_\_ FSM P2**

**\_\_\_\_ FSM P3 \_\_\_\_ FSM P4 \_\_\_\_ FSM P5**

**\_\_\_\_ Change of Responsibility**

**\_\_\_\_ Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**(Data Entry Use Only)**

**Motion result: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Please email to[**submitcsc@coda.org**](mailto:submitcsc@coda.org)

(If you want assistance writing your motion, please send email to Board@CoDA.org)