

*Free to be Me group  
Of Co-Dependents Anonymous  
Invites You  
To Join Us for a*

# *Unity Day Gathering*

*Saturday, October 19, 2024*

**\*\*\* NEW LOCATION \*\*\***

Lehigh Valley Monthly Meeting "Quaker"  
4116 Bath Pike  
Bethlehem PA 18017

**\*\*\* NEW ADDITION - CODATEEN Meeting \*\*\***

Invite your teenage or young adult son/daughter to attend a CoDAteen meeting

## *“Growing Up In CoDA”*

Literature-ly Speaking\* - Amanda B.

Growing up in CoDA\* – James K.

Facing the Person in the Mirror\* – Kathy H.

Insecurity: Truth or Myth\* – Ramona P.

Registration – 8:30 a.m.

Welcome Meeting – 9:00 a.m.

Workshops # 1: 9:15 a.m. - 10:30 a.m.

CoDAteen Information meeting for Teens & Adults: 10:30 a.m. - 10:45 a.m.

Workshops # 2: 10:45 a.m. - Noon

CoDAteen Meeting: 10:45 a.m. - Noon

Noon – Pizza and Salad Bar

Speaker Meeting – 12:30 p.m. - 2:00 p.m.

Suggested Donation \$20

(Donate only as you can)

Questions/Directions : Jim V. 610-264-7046 or Amanda B. 610-762-6114  
For Updates or directions please visit [codaphilaarea.org](http://codaphilaarea.org) or [coda.org/calendar](http://coda.org/calendar)

\*Please check website for workshop updates