

CoDAteen Meeting

(part of Co-Dependents Anonymous)

Invites You To Join the "Free to be Me" Unity Day Gathering on
Saturday, October 19, 2024

Lehigh Valley Monthly Meeting "Quaker"
4116 Bath Pike, Bethlehem PA 18017

10:30 AM: Information for Adults and CoDAteens
10:45 AM: In-Person Meeting for Teens and Young Adults
NOON : Pizza and Salad Bar



Am I Co-dependent?

- Do you struggle with having friendships or relationships?
- Do you ever feel sad, depressed, lonely, or isolated?
- Do you feel like you don't fit in?
- Do you deny your own thoughts, feelings, and needs?
- Do you feel responsible for others around you?
- Do you have difficulty saying "NO"?

Take the Quiz



CoDAteen Info



Are you looking for a safe place to connect, share and find a new way of life with other teenagers? CoDAteen is a community of young people whose common purpose is to develop healthy and loving relationships with others and yourself. There is hope for a new day in the program of CoDAteen!

CoDAteen Questions? Call CoDAteen Adult Hosts:
Linda C. 516-790-2587 or Jim V. 610-264-7046



Unity Day

The "Free to be Me" Group of Co-Dependents Anonymous is hosting a Unity Day Gathering on the same date at the same location. Agenda includes 2 sets of workshops, Lunch, and Speaker meeting. Registration begins at 8:30 AM. Invite your teenage or young adult son/daughter to attend this event.



For Information on Unity Day please visit codaphilaarea.org or coda.org/calendar or contact Jim V. 610-264-7046 or Amanda B. 610-762-6114

