

**CoDA Service Conference 2022** **Motion Form**

**Check one:    \_\_ Motion** (Board - CoDA Inc.)

\_\_ **Motion** (Board - CoRe – CoDA Resource Publishing)

**\_x\_ Motion**(Committee)

**Committee Name** - CoDA Literature Committee

**\_\_ Motion** (VE - Voting Entity**)**

**Voting Entity Name- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Submitted Date:** August 21, 2022

Due 75 day prior to CoDA Service Conference (CSC)

**Motion Number: 1. ( ) 2. ( x ) 3. ( ) 4.( ) 5. ( ) (Check One)**

**Revision #: \_\_\_\_\_\_\_\_\_\_\_\_\_ Revision Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Due 60 day prior to CoDA Service Conference (CSC)

**Motion Name:** Revised “Prayers for *The**Twelve Traditions”*

**Motion:**

CSC to endorse the revised Prayers for *The Twelve Traditions of Co-Dependents Anonymous:*

Prayers for The Twelve Traditions

Tradition One  
Higher Power, deepen my awareness to include the welfare of the whole, setting aside my discomfort and personal agenda. Help me speak my truth and allow others the same privilege, trusting that the spirit of unity supports my own recovery.

Tradition Two

Higher Power, grant me the humility to be a trusted servant, remembering that no one person governs. Together we seek the guidance and loving expression of Your will through our informed group conscience process.

Tradition Three

Higher Power, help me let go of my fear and expectations in my desire for healthy and loving relationships. Grant me courage to be honest, open-minded, and willing to acknowledge healthy boundaries as I accept myself and others.

Tradition Four

Higher Power, let me embrace the spiritual principles of autonomy and unity. Help me become aware of how my decisions affect other people and the community as a whole. May I honor You, using the gifts I have received to give service as I recover.

Tradition Five  
Higher Power, help me carry the CoDA message of hope, sharing my struggles as well as my triumphs with other codependents who still suffer. May I listen with an open heart and an open mind. Help me accept responsibility for my part in creating more loving relationships and healthier CoDA meetings.

Tradition Six

Higher Power, help me keep my focus on the primary spiritual aim and the power of the CoDA principles. Show me how to build equal relationships with others, releasing control, the misuse of power, and overconcern with material possessions.

Tradition Seven  
Higher Power, help me become self-supporting; financially, emotionally, physically, and spiritually. Carry me through my discomfort as I become accountable for my behavior. Guide me to give service and financial support humbly, wholeheartedly, and enthusiastically to ensure the health and growth of our CoDA community. May I cooperate as an equal partner in all my relationships so all may benefit, including me.

Tradition Eight

Higher Power, may I appreciate that each of us is a precious creation with unique and valuable abilities and talents. May we contribute as equals to seek shared solutions for the benefit of all. Give me courage to say yes to service requests that will help me grow.

Tradition Nine

Higher Power, support me as I do my part, humbly sharing in the rotation of service, remembering that no individual is in charge. May I loosen my control and accept the informed group conscience as an expression of Your loving spiritual guidance.

Tradition Ten

Higher Power, encourage me to contribute to a safe environment by keeping our meetings focused on CoDA recovery. Help me stay away from hurtful controversy and outside issues, creating space for healthy relationships to grow.

Tradition Eleven

Higher Power, may I be mindful of remaining anonymous in all forms of public communication. May my life reflect the CoDA principles, attracting new faces to our Fellowship. Help me remember to speak for myself, not for others, or for CoDA as a whole. 

Tradition Twelve

Higher Power, thank you for the principle of anonymity as the spiritual foundation of CoDA’s *Twelve Traditions.* Help me let go of expectations and my need for recognition. May I remember to base my decisions on principles rather than personalities.

**Intent, background, other pertinent information:**Written prayers have been part of our CoDA program, as individuals and in meetings since the beginning of CoDA. Our Twelve Step prayers help CoDA members take the Steps to heart and deepen our reliance on our Higher Power.

It is the intention of CLC that having prayers for our Twelve Traditionswill help members to incorporate the principles of the Traditions in their daily lives.

Last year, CSC endorsed the first draft of these prayers. Since then, the prayers have been posted on the website, available for comments from the Fellowship, including CLC. The revised prayers represent a wider group conscience. The prayers will be posted on the website as a service piece and will be included in the next edition of the *Twelve Steps & Twelve Traditions Workbook* in 2023.

**Remarks:**

**This motion requires changes to: (please check any that apply)**

**\_\_\_\_\_ Bylaws \_\_\_\_ FSM P1 \_\_\_\_ FSM P2**

**\_\_\_\_ FSM P3 \_\_\_\_ FSM P4 \_\_\_\_ FSM P5**

**\_\_\_\_ Change of Responsibility**

**\_\_x Other:** Service piece for website

**(Data Entry Use Only)**

**Motion result: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Please email to[**submitcsc@coda.org**](mailto:submitcsc@coda.org)

(If you want assistance writing your motion, please send email to Board@CoDA.org)