

**CoDA Service Conference 2022** **Motion Form**

**Check one:    \_\_ Motion** (Board - CoDA Inc.)

\_\_ **Motion** (Board - CoRe – CoDA Resource Publishing)

**\_x\_ Motion**(Committee)

**Committee Name** - CoDA Literature Committee

**\_\_ Motion** (VE - Voting Entity**)**

**Voting Entity Name- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Submitted Date:** May 28, 2022

Due 75 day prior to CoDA Service Conference (CSC)

**Motion Number: 1. ( ) 2. ( x ) 3. ( ) 4.( ) 5. ( ) (Check One)**

**Revision #: \_\_\_\_\_\_\_\_\_\_\_\_\_ Revision Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Due 60 day prior to CoDA Service Conference (CSC)

**Motion Name:** Revised “Prayers for *The**Twelve Traditions”*

**Motion:**

CSC to endorse the revised Prayers for *The Twelve Traditions of Co-Dependents Anonymous:*

TRADITION ONE

Higher Power, deepen my awareness to include the welfare of the whole. Help me speak my truth and allow others the same privilege, trusting that prioritizing common welfare and unity supports my own recovery.

TRADITION TWO

Higher Power, You are the ultimate authority; our leaders are trusted servants and do not govern. May I be guided to patiently take time to trust and honor an informed group conscience as a loving expression of Your will.

TRADITION THREE

Higher Power, may I let go of fear and expectations in my desire for healthy and loving relationships. Grant me courage to be honest, open-minded, and willing to accept myself as I begin to set healthy boundaries.

TRADITION FOUR

Higher Power, show me how to support the group's autonomy in making decisions, becoming aware of the possible effects on other groups and CoDA as a whole. May I honor You, using the gifts I have received to give service as I recover.

TRADITION FIVE

Higher Power, may I be a conduit of Your love, wisdom, and support. Guide me as I share struggles and triumphs with other codependents who still suffer.May I listen with an open heart and mind, creating loving relationships and healthier CoDA meetings.

TRADITION SIX

Higher Power, show me how to build healthy relationships by releasing control, the misuse of power, and overconcern with material possessions. Help me to keep my focus on the primary spiritual aim and the power of CoDA principles.

TRADITION SEVEN

Higher Power, thank You for all the gifts CoDA has freely given me. Help me contribute to CoDA’s health and continuity, by humbly giving service and financial support. May I cooperate as an equal partner in all my relationships, remembering to care for myself.

TRADITION EIGHT

Higher Power, may I appreciate each person as a precious creation, with unique and valuable abilities that contribute to the whole. Inspire me to walk through my fear and give me courage to say yes to service requests that will help me grow.

TRADITION NINE

Higher Power, support me as I do my part, humbly sharing in the rotation of service, remembering that no individual is in charge. May I accept the informed group conscience as an expression of Your loving spiritual guidance.

TRADITION TEN

Higher Power, encourage me to contribute to a safe environment by keeping our meetings focused on CoDA recovery. Help me stay away from hurtful controversy and outside issues, creating space for healthy relationships to grow.

TRADITION ELEVEN

Higher Power, may I be mindful of remaining anonymous in all public forms of communication, sharing what I've learned in CoDA by example. Help me remember to speak for myself, not others or CoDA as a whole.

TRADITION TWELVE

Higher Power, thank you for the principle of anonymity as the spiritual foundation of CoDA’s *Twelve Traditions.* Help me remember to apply principles before personalities in all my relationships.

**Intent, background, other pertinent information:**Written prayers have been part of our CoDA program, as individuals and in meetings since the beginning of CoDA. Our Twelve Step prayers help CoDA members take the Steps to heart and deepen our reliance on our Higher Power.

It is the intention of CLC that having prayers for our Twelve Traditionswill help members to incorporate the principles of the Traditions in their daily lives.

Last year, CSC endorsed the first draft of these prayers. Since then, the prayers have been posted on the website, available for comments from the Fellowship, including CLC. The revised prayers represent a wider group conscience. The prayers will be posted on the website as a service piece and will be included in the next edition of the *Twelve Steps & Twelve Traditions Workbook* in 2023.

**Remarks:**

**This motion requires changes to: (please check any that apply)**

**\_\_\_\_\_ Bylaws \_\_\_\_ FSM P1 \_\_\_\_ FSM P2**

**\_\_\_\_ FSM P3 \_\_\_\_ FSM P4 \_\_\_\_ FSM P5**

**\_\_\_\_ Change of Responsibility**

**\_\_x Other:** Service piece for website

**(Data Entry Use Only)**

**Motion result: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Please email to[**submitcsc@coda.org**](mailto:submitcsc@coda.org)

(If you want assistance writing your motion, please send email to Board@CoDA.org)