CoDA Service Conference 2024

Committee Report

Committee Name: Co-NNections

Date: June 22, 2024

Members (list each by first name, last initial and VE):

Alison J. (FL), Caryn T. (CO), Debbie R. (NZ), Denire' A. (WA), Jim H. (SoCal), Shani C. (FL)

Discussion Items:

- Co-NNections Face-to-Face meeting 2023
- Co-NNections Committee members and roles held

Co-NNections Face-to-Face meeting:

In July 2023, Co-NNections had a Face-to-Face meeting in Colorado. Our primary focus was to improve our pages on the coda.org website and also simplify the process for submitting a story to the Committee. Jim, Caryn and Alison spent several months accomplishing this goal.

Co-NNections Committee member update and roles held:

- Alison J Became chair in August 2023.
- Jim H Categorizing Weekly Reading stories in the archives on coda.org. Approximately 3/4 complete. 18 various categories to date.
- Caryn T Interim subcommittee chair for Meeting in Print December 2023 -June 2024.
- Debbie R joined September 2023, taking over subcommittee chair position for Meeting in Print June 2024.

- Shani C joined September 2023, initial responder to authors for their submissions.
- Lori H left April 2024 (leave of absence in December 2023). Lori was subcommittee chair for Meeting in Print.
- Denire' A joined Co-NNections June 2024.

Committee Goals and Action Plans

GOALS	ACTION PLANS
1. Provide the Fellowship with inspirational weekly and quarterly recovery stories and other content created by members of CoDA.	Action Plan 1: Continue meeting monthly to review submissions for both the Weekly Reading emails and Meeting in Print publications.
2. Sustain regular monthly business meetings as well as sub-committee meetings for vetting Weekly Reading and Meeting in Print submissions.	Action Plan 2: Meet on Zoom Video Conferencing to discuss agenda items and new submissions. Send minutes to web liaison after approval by Group Conscience.
3. Continue to improve our processes.	Action Plan 3: Create an environment for open discussions and good communication.
4. Maintain the positive quality of our committee member relationships and be a safe space.	Action Plan 4: Seek opportunities to encourage one another and be supportive of our individual recovery journeys.

5. Fully integrate new members into the processes of our committee.	Action Plan 5: Committee members will provide training and support as needed.
6. Categorize Weekly Reading stories, both archived and new.	Action Plan 6: Review all the archived stories and put them into searchable categories with the help of the CoDA webmaster. Moving forward, the Committee is labeling each story with up to four categories.
7. Policy and Procedures manual upkeep.	Action Plan 7: Review and update Policy and Procedures manual with a focus on form letters used to reply to authors and other inquiries.

Everyone has something to share that could help a suffering codependent. This is especially true of the trusted servants at this conference.

To subscribe to Weekly Reading, please go here:

https://codependents.org/cgi-bin/dada/mail.cgi/list/connections/

Weekly Reading archives can be viewed here: https://coda.org/co-nnections-recovery-stories/

Meeting in Print issues can be found here: https://coda.org/meeting-in-print/

For details about submitting a recovery story, please visit: https://coda.org/service-info/connections-service-info-page/ or email us at connections@coda.org.