

PRESENTED BY
AZ CODA EVENTS

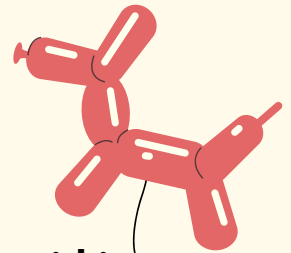
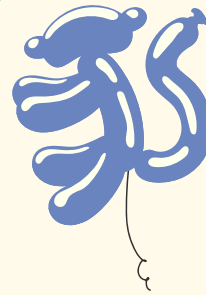


Happy Birthday, CoDA!

Saturday, October 21st,
2023

UNLOCK YOUR HIDDEN POWER

Keys to Healing Your Inner Child



Ego States: Understanding the different ego states within ourselves and how they influence our behaviors and interactions with others
-Ken R (founder of CoDA)



Triangle on the Expectation: Exploring the dynamics of expectations and the Child Within
-Mary R (founder of CoDA)



Boundaries Workshop by Lisa J



Feelings: The Dilemmas & the Rewards
by Chris J



*Balloon Animals
plus...
Play Games, Win Prizes!*

- 9:00 AM Registration
- 9:30-1:00 PM Morning Session
- 1:00-2:00 PM Lunch (Catered)
- 2:00-5:00 PM Afternoon Session

Saturday, October 21st, 2023
North Scottsdale Unified Methodist Church
11735 N. Scottsdale Rd
Scottsdale, AZ

REGISTRATION

\$35 In-Person
(lunch & snacks included)

\$10 Live on ZOOM
(link will be sent at later date)



azlivecodaevents@gmail.com

azcoda.org

