



(Title)

Dear Professional:

See attached an informational brochure describing Codependents Anonymous (CoDA).

Like AA (Alcoholics Anonymous), CoDA is a twelve-step support group. CoDA supports those who struggle with dysfunctional relationships. Addictions, depression or even violence can be a part of this dysfunction.

The attached Brochure provides:

- ✓ Characteristics of codependency.
- ✓ General information on the program.
- ✓ Commonly asked questions by the professional.
- ✓ Directions on getting information on CoDA, literature and meeting lists.

A second brochure is attached which can be given to clients. Both brochures are available for free download at [www.coda.org](http://www.coda.org)

***“We admitted we were powerless over others – that our lives had become unmanageable.” Step One***

***“I am capable of developing and maintaining healthy and loving relationships. The need to control and manipulate others will disappear as I learn to trust those who are trustworthy.” Promise Seven***

In Service