

Number: 22030

Board Number:

Item Type: MOTION

Member Names: Gillian A.

Committee: Board

Subject: CoDAteen Preamble and Welcome

**Amends Motion
Numbers:**

Vote: 2/3 Vote

Description: To approve the CoDAteen Preamble and Welcome (Short and Long version) as written below as foundational documents for CoDAteen.

CODATEEN PREAMBLE

(Italicized words are added in comparison to our CoDA preamble)

CoDAteen, a part of Co-Dependents Anonymous, is a Fellowship of young people (replaced men and women) whose common purpose is to develop healthy relationships. The only requirement for membership is a desire for healthy and loving relationships. We gather together to support and share with each other in a journey of self-discovery — learning to love the self. Living the program allows each of us to become increasingly honest with ourselves about our personal histories and our own codependent behaviors.

We rely upon the Twelve Steps and Twelve Traditions for knowledge and wisdom. These are the principles of our program and guides to developing honest and fulfilling relationships with ourselves and others. In CoDAteen, we each learn to build a bridge to a Higher Power of our own understanding, and we allow others the same privilege.

This renewal process is a gift of healing for us. By actively working the program of CoDAteen and Co-Dependents Anonymous, we can each realize a new joy, acceptance and serenity in our lives.

CODATEEN WELCOME (Short Version)

We welcome you to CoDAteen, a part of Co-Dependents Anonymous - a program of recovery from codependence, where each of us may share our experience, strength, and hope in our efforts to find freedom where there has been bondage, and peace where there has been turmoil in our relationships with others and ourselves.

Codependence is a deeply-rooted, compulsive behavior. It is born out of our sometimes moderately, sometimes extremely dysfunctional families and other systems. We may have attempted to use others as our sole source of identity, value, well-being, and as a way of trying to restore our emotional losses. Our histories may include other powerful addictions which we have used to cope with our codependency.

We have all learned to survive life, but in CoDAteen we are learning to live life. Through applying the Twelve Steps and principles found in CoDA to our daily lives and relationships, both present and past, we can experience a new freedom from our self-defeating lifestyles. Our sharing helps us to free the emotional bonds of our past and the compulsive control of our present.

No matter how traumatic your past or despairing your present may seem, there is hope for a new day in the program of CoDAteen and Co-Dependents Anonymous. May you find a new strength within to be that which God intended - Precious and Free.

CODATEEN WELCOME (Long Version)

The Welcome of Co-Dependents Anonymous

We welcome you to CoDAteen, a part of Co-Dependents Anonymous, a program of recovery from codependence, where each of us may share our experience, strength, and hope in our efforts to find freedom where there has been bondage and peace where there has been turmoil in our relationships with others and ourselves.

Most of us have been searching for ways to overcome the dilemmas of the conflicts in our relationships and our childhoods. Many of us were raised in families where addictions existed – some of us were not. In either case, we have found in each of our lives that codependence is a most deeply rooted compulsive behavior and that it is born out of our sometimes moderately, sometimes extremely dysfunctional families and other systems. We have each experienced in our own ways the painful trauma of the emptiness of our childhood and relationships throughout our lives.

We attempted to use others – our family members, teachers, other grownups, friends, and even our parents, as our sole source of identity, value and well-being, and as a way of trying to restore within us the emotional losses from our childhoods. Our histories may include other powerful addictions which at times we have used to cope with our codependence.

Intent: To adapt the CoDA Preamble and Welcome to be relevant for CoDAteen

Remarks: This motion requires changes to: (please check any that apply)

Bylaws FSM P1 FSM P2

FSM P3 FSM P4 FSM P5

Change of Responsibility

Other: CoDAteen Preamble and Welcome (Short & Long)

This will follow the foundational documents and has to be presented again next year at CSC.

QUESTIONS – (Yes or No) Open to crafting? Are family members, parents, did you consider using teachers and other grownups? I don't think they were considered. Curious about why CoDateen task force wants the preamble and welcome to be revised. We decided the information needs to relate to CoDa and also to the teens. What was is the answer about the violation of Traditions in previous motion? In board motion #3 - define Gender inclusive language? This is a two-year process; we will continue to review and address.

Crafting: Yes

PROS & CONS:

PROS:

In-Person Given the motion we just passed; this motion is a no-brainer. "Young people" is inclusive language.

Virtual: Imperative we tailor this to the audience that we are serving. I think this is great and will work with teen groups, step carefully, regarding men/women change to "people"

CONS:

In-Person

Virtual: Going back to motion 21-109 defeated in regard to the preamble regarding men and women - all suffering co-dependents, add language to be inclusive

Minority opinion: Believe that the gender inclusion is such a political hot potato we can't touch it, propose that we embrace all gender inclusive language.

VOTE: Yes - #33, No - #2, Abstain - #2, Motion – Passed

Noted Results:2/3 majority