

ALL-NEW! Mid-Winter CoDA Retreat 2023

Ride The Waves to Recovery

Hilton Head Island, SC

January 13-15, 2023 (Fri-Sun)

\$120 Retreat Registration Includes

Friday Noon to Sunday Noon – All workshops & speakers, plus

Friday Night “Letting Go Ceremony”

Saturday Banquet Dinner with Keynote Speaker

Sunday Wrap-Up

Register for the Retreat on PayPal:

hanistempler@gmail.com

Mention “Ride The Waves”; **Choose** Friends & Family

List Registrant name(s), contact info

A Separate Hotel Booking is required

\$109 plus tax per night/per room

The Beach House Oceanfront Hotel

1 South Forest Beach Drive, Hilton Head Island

CALL (855) 433-0341 for Hotel Reservations,

And Mention Group Code RWW for the Mid-Winter Retreat group rate;

OR Use the link in email with this flyer, for [Ride the Waves Winter Retreat 2023](#)



Our experience tells us that CoDA retreats can be effective places to focus on deeper levels for our recovery from co-dependence.

To contact your Ride The Waves team

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