



CoDAteen Permission Letter

Conference Endorsed
2023

Meeting Name: _____ Sponsoring CoDA Group: _____

Location: _____

1. Adult host/sponsor name: _____ phone #: _____

2. Adult host/sponsor name: _____ phone #: _____

Teen Participant Name: _____ phone #: _____

Dear Parent or Guardian,

CoDAteen, part of Co-Dependents Anonymous (CoDA), is a fellowship of young people whose common purpose is to develop healthy relationships. The only requirement for membership is a desire for healthy and loving relationships. We gather together to support and share with each other in a journey of self-discovery — learning to love the self. Living the program allows each of us to become increasingly honest with ourselves about our personal histories and our own codependent behaviors.

We rely upon the Twelve Steps and Twelve Traditions for knowledge and wisdom. These are the principles of our program and guides to developing honest and fulfilling relationships with ourselves and others. In CoDAteen, we each learn to build a bridge to a Higher Power of our own understanding, and we allow others the same privilege.

This renewal process is a gift of healing for us. By actively working the program of CoDAteen and Co-Dependents Anonymous, we can each realize a new joy, acceptance and serenity in our lives.

CoDAteen is a 12 Step Fellowship and peer support group. It aims to create a safe environment for those wishing recovery from dysfunctional relationships, providing anonymity and freedom from judgement or feedback. In CoDAteen we share our own experience, strength, and hope. We do not give advice. Adult sponsors/hosts are there for support and to help guide the teens in their own self Discovery. They are, not therapists and do not provide therapy. They are carefully vetted members of CoDA who work their own program of recovery and have a desire to work with teens. They are required to meet CoDA's minimum behavior and safety guide as well as any legal requirements in your area to work with minors.

If you would like more information about CoDAteen, you can consult our CoDAteen page at www.coda.org. Each CoDA group may have their own guidelines for adult participation of which a copy should be presented to the parent/guardian prior to your signature.



CoDAteen Permission Letter

With this information, the CoDA group makes known to the parents of teens, the nature of the meetings that their children attend and the safety and security provided for teens in CoDAteen meetings.

Therefore, by signing this document, I _____, in my capacity as Parent/Guardian of _____, acknowledge that I have read the above information and have read the behavior and safety requirements for adult hosts/sponsors and I approve the attendance of my child to a CoDAteen meeting.

I understand that an adult host/sponsor will be in attendance at all times and will notify parent/guardian in any emergency situation as soon as possible using the emergency contact info provided on this form. I accept that at times the named adult host/sponsors may not be available and the CoDA group may choose an appropriate substitute.

I _____ (parent/guardian's name) understand that in case of emergency, first aid will be administered and the parents/guardians or other designated responsible individuals will be notified. No care beyond first aid (defined as immediate, temporary care given in case of accident or illness) can be given by adult host/sponsors. I give permission to the adult host/sponsor to obtain emergency medical treatment for my child. I understand the adult host/sponsor or CoDA is not responsible for cost of emergency treatment or for medical care given by emergency medical personnel. I also understand that all expenses incurred are the responsibility of the parent/guardian.

Emergency Contact Info: 1. Name: _____ Phone # _____

2. Name: _____ Phone # _____

Parent/Guardian Signature: _____ Date: _____

Note: Typing your name in the above box is considered a signature.