



# Codependents Anonymous

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## The Longer Serenity Prayer

God, Grant me the  
**Serenity** to accept the  
things I cannot change,  
**Courage** to change the  
things I can, and **Wisdom**  
to know the difference.

Grant me the **Patience** with the changes  
that take time,  
**Appreciation** of all that I have,  
**Tolerance** of those with different struggles,  
And the **Strength** to get up and try again,  
**One Day at a Time.**