Meeting Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Sponsoring CoDA Group: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Location: ­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Adult host/sponsor name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ phone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. Adult host/sponsor name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ phone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Teen Participant Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_phone #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Dear Parent or Guardian,

CoDAteen, part of Co-Dependents Anonymous (CoDA) , is a fellowship of young people whose common purpose is to develop healthy relationships. The only requirement for membership is a desire for healthy and loving relationships. We gather together to support and share with each other in a journey of self-discovery — learning to love the self. Living the program allows each of us to become increasingly honest with ourselves about our personal histories and our own codependent behaviors.

We rely upon the Twelve Steps and Twelve Traditions for knowledge and wisdom. These are the principles of our program and guides to developing honest and fulfilling relationships with ourselves and others. In CoDAteen, we each learn to build a bridge to a Higher Power of our own understanding, and we allow others the same privilege.

This renewal process is a gift of healing for us. By actively working the program of CoDAteen and Co-Dependents Anonymous, we can each realize a new joy, acceptance and serenity in our lives.

CoDAteen is a 12 Step Fellowship and peer support group. It aims to create a safe environment for those wishing recovery from codependency and want to have healthy and loving relationships, providing anonymity and freedom from judgement or feedback. In CoDAteen we share our own experience, strength, and hope. We do not give advice. Adult sponsors/hosts are there for support and to accompany the teens in their own self discovery. They are not therapists and do not provide therapy. They are carefully vetted members of CoDA who work their own program of recovery and have a desire to work with teens. They are required to meet “*CoDA’s Minimum Behavioral and Safety Requirements for CoDAteen*” as well as any legal requirements in your geographical area to work with minors.

Each sponsoring CoDA group will have printed guidelines for adult sponsor/host participation with CoDAteen that must include *“CoDA’s Minimum Behavioral and Safety Requirements for CoDAteen”*, as well as any other legal requirements in your area for adults to work with minors. The parent/guardian will be given two copies of *CoDA’s Minimum Behavioral and Safety Requirements for CoDAteen*, one of which will be signed and returned to the group. Each particular group may have other special requirements to be signed by the parent/guardian.

With this information, the CoDA/CoDAteen group makes known to the parents of teens, the nature of the meetings that their children attend and the safety and security provided for teens in CoDAteen meetings.

Therefore, by signing this document, I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, in my capacity as Parent/Guardian of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,acknowledge that I have read the above information and have read and received a copy of *“CoDA’s Minimum Behavioral and Safety Requirements for CoDAteen”* as well as any additional CoDAteen behavioral and safety requirements included by this CoDA/CoDAteen group and I approve the attendance of my child to this CoDAteen meeting.

I understand that two adult sponsors/hosts will be in attendance. If two are not available, there will be at least one responsible adult sponsor/host present who is certified. In any emergency situation the parent/guardian will be notified as soon as possible using the emergency contact info provided on this form. I understand and accept that at times the named adult sponsors/hosts may not be available and the CoDA group may choose appropriate substitutes.

I\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (parent/guardian’s name) understand that in case of emergency, first aid will be administered and the parents/guardians or other designated responsible individuals will be notified. No care beyond first aid (defined as immediate, temporary care given in case of accident or illness) can be given by adult host/sponsors. I give permission to the adult host/sponsor to obtain emergency medical treatment for my child. I understand the adult host/sponsor or CoDA is not responsible for cost of emergency treatment or for medical care given by emergency medical personnel. I also understand that all expenses incurred are the responsibility of the parent/guardian.

Emergency Contact Info: 1. Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone #\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone #\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_

If you would like more information about CoDAteen, you can consult our CoDAteen page at [www.coda.org](http://www.coda.org)